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www.reiachapman.com

Reia Chapman, LCSW

**SPEAKER • TRAINER •
DECOLONIZING THERAPY™
CREATOR**

SPEAKER KIT

Meet Reia Chapman, LCSW

GROUNDING EXPERTISE. TRANSFORMATIVE CONTENT.
ROOTED IN COLLECTIVE CARE.

Reia Chapman is a licensed clinical social worker, speaker, and trainer with over two decades of experience at the intersection of mental health, racial justice, and community care. She is the creator of the Decolonizing Therapy™ framework and founder of CFM Wellness. Reia's workshops and keynotes help organizations, providers, and helpers reclaim wellness through culturally grounded, trauma-informed, and anti-oppressive lenses.

KEY TOPICS:

- Mental Health + Cultural Healing
- Boundaries + Burnout in Helping Professions
- Grief, Ritual, and Collective Resilience
- Decolonizing Therapy™ in Clinical and Community Practice
- Healing Justice in Institutional Spaces



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WELCOME

I do this work because I believe healing should be accessible, rooted, and real. If you're looking for a speaker who brings both heart and depth—and who isn't afraid to name what needs naming—you're in the right place. Let's create something that actually resonates.

Reia

TRUSTED BY MISSION-DRIVEN ORGANIZATIONS

- Time Out Youth
- NC Coalition Against Sexual Assault (NCCASA)
- Black Mental Health Symposium
- UNC School of Social Work
- Transcend Charlotte
- Charlotte Trans Health
- LGBT Center of Durham
- National Association of Social Workers
- Planned Parenthood
- Mental Health America

“Reia brought a rare balance of compassion, clarity, and challenge to our organization. People are still talking about the impact of her workshop weeks later.”

— Workshop Attendee

WHO I WORK WITH

I partner with mission-driven organizations, schools, nonprofits, collectives, and clinical teams who are ready to move beyond performative wellness. My work is especially resonant with groups seeking trauma-informed, culturally grounded, and socially conscious mental health frameworks.

Whether you’re leading a grassroots team, managing a large institution, or building community in small, sacred ways—I meet you where you are and help you move forward with care, strategy, and soul.

SIGNATURE SPEAKING TOPICS

All topics are available as 60–90 minute keynotes, workshops, or full-day trainings. Custom sessions available.

“People don’t just attend Reia’s sessions—they feel them.”

MOST REQUESTED TOPICS

- ✓ **DT101: Introduction to Decolonizing Therapy™**
Explore how colonized systems shape mental health and reclaim practices of resistance, relationship, and restoration.
- ✓ **Boundaries Are a Ritual**
A culturally responsive and trauma-informed approach to reclaiming boundaries as sacred, not selfish.
- ✓ **Healing Under Erasure**
How marginalized communities persist, resist, and practice care in the face of invisibility and harm.
- ✓ **You’re Not Lazy—You’re Overwhelmed**
A soulful, shame-free reframe for caregivers, clinicians, and creatives navigating burnout in oppressive systems.



WHAT YOU CAN EXPECT

My facilitation is warm, grounded, and relational—with room for both deep reflection and laughter. I bring evidence-based frameworks, lived experience, and radical compassion into every space. You can expect:

- A trauma-informed and anti-oppressive approach
- Flexible delivery: keynotes, workshops, panels, or retreats
- Customization for your audience's lived context
- Built-in space for integration—not just information
- Slides, handouts, and follow-up resources when appropriate
- No “death by PowerPoint”—I center dialogue, storytelling, and healing

GET IN TOUCH

“I left her training feeling seen, stretched, and supported. That’s rare.”

— Clinical Director, LGBTQ Youth Organization

WHAT SETS ME APART?

I combine lived experience, clinical expertise, and cultural humility to facilitate healing that lasts beyond the session.

WAYS TO BOOK REIA

- Virtual or In-Person
- Keynotes (60–90 mins)
- Professional Development Workshops (2–6 hrs)
- Conference Sessions + Panels
- Custom Retreats & Curriculum Series

“Reia brings a grounded, trauma-informed presence to every space she enters. She’s a seasoned facilitator with a gift for guiding hard conversations with skill and soul.”

SPEAKING FEE RANGE:

Rates vary based on length, format, and travel. Please inquire for a customized quote. Download Reia’s full course catalog or request a discovery call.

LET’S WORK TOGETHER

Interested in booking Reia for your next event, training, or retreat?

 Email: hello@reiachapman.com

 Website: www.reiachapman.com

 Instagram: [@reiachapmanlcswh](https://www.instagram.com/reiachapmanlcswh)